## Deep Reflection Guide

## Reflection Questions:

Pick one or more of the questions below to help you reflect on your growth as a second language speaker. Then, follow the bulleted instructions below to document your reflection.

1. What Can-Do Statements have you been working on in class?
2. How can you use the skills in a Can-Do statement in your life outside of class?
3. What is most challenging for you at this time with a Can-Do statement you're working on?
4. What is a Can-Do Statement that you feel you've really grown in?
5. What is one of your best language accomplishments lately?
6. What is a piece of evidence that you worked really hard on? How do you feel about the results?
7. Look at the evidence of language learning that you created in the past. Is there evidence that really shows the difference between where you were then and where you are today?
8. What specific areas (for example, specific vocabulary, ability to ask questions, awareness of when and how to say thank you) do you feel the greatest need to work on?

## Instructions:

- Think deeply about one or more of these questions whenever you have time to reflect.
- Write notes to yourself, including today's date and the question(s) you're addressing. You can use this handout or your own paper.
- Discuss these questions with people around you.
- Ask yourself different questions at different times.
- Remember to celebrate your growth as a language speaker!


## Example:

June 20, 2018, question 5. We were playing a "Guess the Celebrity" game in class today, and I got so caught up in it that I forgot I was even speaking another language! It's the first time I've just been thinking in Swahili. I wonder when I'll have my first dream in Swahili.

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